



43rd Annual Can-Am International Martial Arts Championships & 4th International Dragon/Lion Dance Competition



April 26, 2025

Online Registration ONLY

www.canaminternational.ca



No registration Accepted after April 18, 2025
No registrations on the day of event

SmoothComp
Registration



Venue: Richmond Olympic Oval





43rd Annual Can-Am International Martial Arts Championships & 4th International Dragon/Lion Dance Competition



Yours truly,

Ken Low

Event Chairman

Respected Masters, Guests, Martial Artists, and Friends,

I take honour and pleasure to invite you to the:

43rd Can-Am International Martial Arts Championships

- World-Class Competition Venue at the Richmond Olympic Oval
- Competition Divisions for all Martial Arts Styles
- All New Designs for medals and Trophies
- Renowned large quality trophies for Forms Grandchampionships

11th International Health Qigong Competition

- 6 different Health Qigong sets for Individual and Group Competition

4th International Dragon and Lion Dance Competition

- Demonstration Category – Each Team wins a special Trophy
- Competition Category – Trophies for 1st, 2nd and 3rd Place Winning Teams
- Racing Category – Trophies for 1st, 2nd and 3rd Place Winning Teams

We are continuously striving to provide you the best Martial Arts, Health Qigong and Dragon/ Lion Dance competition experience. Looking forward to seeing you on **April 26, 2025**.

**A
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New Design & Super Large

Grandchampionship Trophies

for Sport and Traditional Karate, Hapkido and Taekwondo
Traditional Kung Fu and Tai Chi (Taiji), Wushu and Sanshou



3-inch Dia. high-quality

Gold, Silver and Bronze Medals
for Each Division

For Award Details, please visit www.canaminternational.ca

**H
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River Rock Casino Resort

8811 River Rd, Richmond, BC Canada V6X 3P8

Special Can-Am Rates:

1. Standard room with 2 queen beds @ discount rate of **\$256.32** CDN including taxes
2. No discounted rate for bookings after **March 14, 2025**

***Limited Number of discounted Rooms available. Please make reservations early.**

Please call: 1-866-748-3718, Local 604-247-8900 or Email: rrcreservations@gcgaming.com to make your booking and mention under "43rd Can-AM Championships". If you need assistance, please email: kenlow@shaw.ca

You may also use the link to secure the rooms: <https://reservations.travelclick.com/115909?groupID=4616749>





43rd Annual Can-Am International Martial Arts Championships & 4th International Dragon/Lion Dance Competition

Floor Plan



The Dragon/ Lion Dance Competition will be conducted in a large, fenced area with plenty of seating, at the exterior of the Oval. This is to ensure the drumming will not distract Martial Arts Competitions inside the Oval. Event will move indoor if it rains.

Schedule of Events

Saturday, April 26, 2025

7:00 am	Registration begins & Arrival of Judges
8:30 am	Opening Ceremony Line-Up
9:00 am	Opening Ceremony Begins
9:45 am	Martial Arts and Health Qigong Competition
	Competition starting with team demos
3:00 pm-8:00 pm	Grandchampionship Competitions
2:00 pm-6:00 pm	Dragon/Lion Dance Competition
9:00 pm	Equipment Take-Down

All 43rd Can-Am registrations are online only. Registrations later than April 13th cannot be accepted. Please see dates below.

Up to March 22 Early Bird Discount Rate March 23 – April 6 Regular Registration Rate
April 7 – April 13 Late Registration Rate April 14 Registration closes

THE "SMOOTHCOMP" SOFTWARE PROGRAM WILL BE USED FOR ALL REGISTRATIONS.
PLEASE GO TO WWW.CANAMINTERNATIONAL.CA FOR REGISTRATION PROCEDURES.





43rd Annual Can-Am International Martial Arts Championships & 4th International Dragon/Lion Dance Competition

NEW LION DANCE COMPETITION DIVISION



Placing

- the team with the fastest final time will take 1st place, the second highest final score 2nd place, and so-on
- Final score is determined by time of crossing the finish line plus any added time for error or omissions
- a disqualified team will receive no score/time

OBSTACLE RACING



Prescribed Route

Team takes its position behind start line

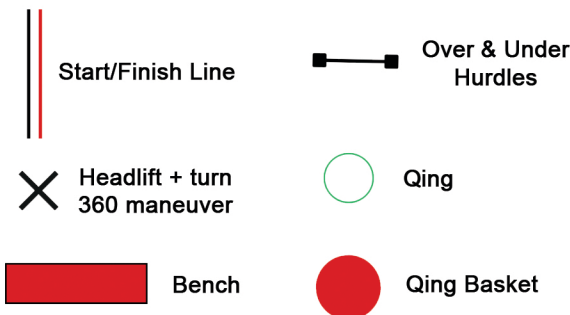
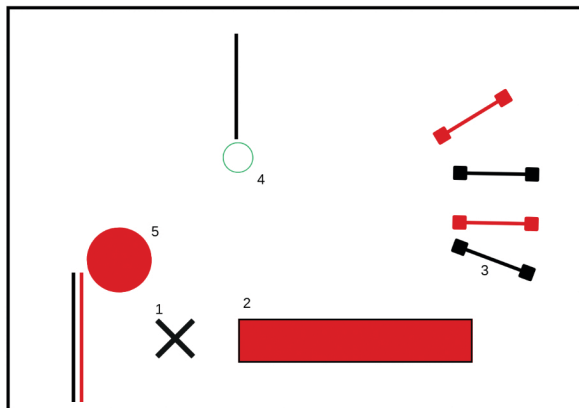
Team performs Lion Worship Ceremony 3 times (bow)

Whistle/Signal to begin, team leaves start line and time starts

1. Perform a head lift movement and turn 360 degrees
2. lion head jump onto long bench, lions runs across bench
3. lion duck under and jump over hurdles 4 times
4. lion must retrieve Qing
5. lion deposits Qing into the basket and runs across finish line

Deviation from the route or direction will result in error deduction

Can-Am 2025 Course



43rd Can-Am Polo T-Shirts



**Limited
Quantities
Only**



For Full Details of Rules and Route
Please Visit www.canaminternational.ca

Place order at Can-Am Website



43rd Annual Can-Am International Martial Arts Championships & 4th International Dragon/Lion Dance Competition



4th Annual International Dragon and Lion Dance Competition

April 26, 2025

Richmond Olympic Oval

Bring In Equipment starting at 1:00 pm Competition Starts at 2:00 pm

DD1 Dragon Dance Competition

DD2 Dragon Dance Exhibition

Separate Junior Team & Adult Team

Time: 4 to 5 minutes

13 members:

1- 9 person dragon, 1 dragon ball, 1 drum, 2 cymbals

LD1 Lion Dance Competition

LD2 Lion Dance Exhibition

Separate Junior Team & Adult Team

Time: 7 to 10 minutes

6 members:

1 lion, 1 drum, 1 gong, 2 cymbals

Routine will be judged on

- Overall presentation
- Creativity of theme
- Quality of dragon/lion movements
- Coordination between dragon/lion team and drum team
- Quality of drum/cymbal sounds

In accordance to

The International Competition and Judging Rules of Wulong & NanShi & BeiShi

Sanctioned by

Dragon Lion Cultural Sports Association of Canada
The Dragon and Lion Dance Association of British Columbia

Honourary Chairman: **Mr. Richard Wong**

Executive Advisors: **Grandmaster Rick Sue** and **Grandmaster Michael Yong**

Chief Advisor and Arbitrator: **Grandmaster Simon Lee**

Judge Leaders: **Grandmaster Peter Wong**, **Grandmaster Raymond Cheung**

Competition Director: **Sifu Josh Pratt**

For more information, please contact Master Ken Low via email : kenlow@shaw.ca





43rd Annual Can-Am International Martial Arts Championships & 4th International Dragon/Lion Dance Competition

DRAGON / LION DANCE COMPETITION



Grandmaster John Leong
Honourary Chairman



Mr. Richard Wong
Honourary Chairman



Mr. Raymond Leung
Honourary Chairman



Grandmaster Simon Li
Arbitrator & Chief Advisor



Grandmaster Rick Sue
Honourary Chairman



Grandmaster Peter Wong
Co-Chief Judge



Grandmaster Raymond Cheung
Co-Chief Judge



Sifu Josh Pratt
Competition Director



Competition Trophies



Exhibition Trophies

COMPETITION WILL BE JUDGED BY CERTIFIED JUDGES
from
THE DRAGON LION CULTURAL SPORTS ASSOCIATION OF CANADA





11th World Health Qigong Tournament and Exchange

第十一屆世界健身氣功比賽交流大會

56 Countries invited to bring Competition Delegation Teams
and
Training Seminars by World Renowned Grandmasters

Yi Jin Jing . 5 Animal Frolic . 6 Healing Sounds . 8 Brocades
Eye Brightening "MingMu" Health Qigong



Yang, Bailong



Zhang, Mingliang



Lei, Bin

Host

Coming to Richmond Soon in 2025

Organizer



Richmond Olympic Oval



Inquires: canadaintlhealthqigong@gmail.com

kenlow@shaw.ca

604-719-8388 604-781-1739



**Proud partner of the 43rd Can-Am
International Martial Arts
Championships and
4th International Lion
Dance Competition**

**BUILD YOUR
LEGACY**

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